

# Allegheny-Clarion Valley Athletic Training



## Consent to Treat Form

Parental consent for minor athletes is generally required for sports medicine services, defined as services including, but not limited to, evaluation, diagnosis, first aid and emergency care, stabilization, treatment, rehabilitation and referral of injuries and illnesses, along with decisions on return to play after injury or illness. Occasionally, those minor athletes require sports medicine services before, during and after their participation in sport-related activities, and under circumstances in which a parent or legal guardian is not immediately available to provide consent pertaining to the specific condition affecting the athlete. In such instances it may be imperative to the health and safety of those athletes that sports medicine services necessary to prevent harm be provided immediately, and not be withheld or delayed because of problems obtaining consent of a parent/guardian.

Accordingly, as a member of the Pennsylvania Interscholastic Athletic Association (PIAA), Allegheny-Clarion Valley School District requires, as a pre-condition of participation in interscholastic activities, that a parent/guardian provide written consent to the rendering of necessary sports medicine services to their minor athlete by a qualified medical provider (QMP) employed or otherwise designated by the school/district/PIAA, to the extent the QMP deems necessary to prevent harm to the student/athlete. It is understood that a QMP may be an athletic trainer, physician, physician assistant or nurse practitioner licensed by the state of Pennsylvania (or the state in which the student/athlete is located at the time the injury/illness occurs), and who is acting in accordance with the scope of practice under their designated state license and any other requirement imposed by Pennsylvania law. In emergency situations, the QMP may also be a certified paramedic or emergency medical technician, but only for the purpose of providing emergency care and transport as designated by state regulation and standing protocols, and not for the purpose of making decisions about return to play.

### PLEASE PRINT LEGIBLY:

“I, \_\_\_\_\_ (Parent/ Legal Guardian’s Name), the undersigned, am the parent/legal guardian of, \_\_\_\_\_ (Student’s Name), a minor and student/athlete at Allegheny-Clarion Valley School District who intends to participate in interscholastic sports and/or activities.

I understand that the School/District/PIAA employs or designates QMP’s (as defined above) to provide sports medicine services (as also defined above) to the school’s interscholastic athletes before, during or after sport-related activities, and that on certain occasions there are sport-related activities conducted away from the school/district facilities during which other QMP’s are responsible for providing such sports medicine services. I hereby give consent to any such

QMP to provide any such sports medicine services to the above-named minor. The QMP may make decisions on return to play in accordance with the defined scope of practice under the designated state license, except as otherwise limited by Pennsylvania law. I also understand that documentation pertaining to any sports medicine services provided to the above-named minor, may be maintained by the QMP. I hereby authorize the QMP who provides such services to the above-named minor to disclose such information about the athlete's injury/illness, assessment, condition, treatment, rehabilitation and return to play status to those who, in the professional judgment of the QMP, are required to have such information in order to assure optimum treatment for and recovery from the injury/illness, and to protect the health and safety of the minor. I understand such disclosures may be made to above-named minor's coaches, athletic director, school nurse, any classroom teacher required to provide academic accommodation to assure the student/athlete's recovery and safe return to activity, and any treating QMP. If the parent believes that the minor is in need of further treatment or rehabilitation services for the injury/illness, the minor may be treated by the physician or provider of his/her choice. I understand, however, that all decisions regarding same day return to activity following injury/illness shall be made by the QMP employed/designated by the School/District/PIAA.

Date: \_\_\_\_\_ Parent Signature \_\_\_\_\_

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### **ACV AT: How to Obtain Medical Clearance Following Injury**

One of the goals of an Athletic Trainer, and of coaching staffs, is to prevent injuries from occurring. Unfortunately, injuries are a common occurrence in the world of sports. Per school policy, if a student-athlete sustains an injury or illness which requires medical attention from a physician, the student-athlete must obtain (From AT or ACV Website > Athletics) and return a written Medical Clearance Note from either a licensed *Medical Doctor (MD)* or *Doctor of Osteopathy (DO)* before he/she is eligible to return to participate in his/her sport. The note must contain:

1. Diagnosis
2. Clearance Status
3. Physician's Name and Contact Information
4. Return to Play Protocol to follow under ATC Supervision.

If no Return to Play Protocol is included the Athletic Trainer will use a Return to Play protocol in compliance with the current standard of care. Medical Clearance Notes will not be accepted from chiropractors, physical therapists, etc. The note should be returned to the Athletic Trainer as soon as possible to minimize time lost in the sport.

Date: \_\_\_\_\_ Parent Signature: \_\_\_\_\_